



St. Matthew Catholic School

FEATURE OF THE MONTH

Bake Works

Bake Works is a family run bakery in Vancouver. They provide us with Zac Attack fruit & oat bars and Dipperdoodle bars that are all natural; skipping the high-fructose corn syrup and artificial ingredients while also being whole grain rich. They source locally whenever possible, working with farmers and growers to source the highest quality fruits and grains available.

Student: _____

Teacher/Grade: _____

All school lunches are pre-ordered and billed in advance.

Lunch Price: \$4.25

Students will be charged \$5.00 for an emergency lunch if they do not pre-order, and may be served a different meal than what is published.

Instructions: Complete one form per student. Include student's full name and check the box for each day the student will be purchasing a school lunch. Students may order an additional entree with their lunch order for \$1.25 (additional entrees do not qualify for Free and Reduced Lunch). If ordering an Extra Entree BOTH boxes for that day must be checked. Forms are due in the school office by **August 15, 2019**. Late orders cannot be accepted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>No School Labor Day</p> <p>Lunch</p>	<p>3</p> <p>Lunch: (V) Mac and Cheese, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>4</p> <p>Lunch: (V) Cheesy Beans and Rice, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>5</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>6</p> <p>Lunch: (V) Traditional Pizza Bagel, Hummus, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>
<p>9</p> <p>Lunch: (V) Mozzarella Pasta Bake, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>10</p> <p>Lunch: (DF) BBQ Chicken Sandwich, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>11</p> <p>Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>12</p> <p>Lunch: (V, DF) Pancake Breakfast, Roasted Potatoes, fresh fruit, Strawberry Fruit Spread</p> <p>Lunch Add'l Entree</p>	<p>13</p> <p>Lunch: (V) Traditional Pizza Bagel, Ranch, fresh fruit, and veggies, and veggies</p> <p>Lunch Add'l Entree</p>
<p>16</p> <p>Lunch: (V) Macho Nachos, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>17</p> <p>Lunch: (V) Mac and Cheese, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>18</p> <p>Lunch: (DF) Orange Chicken, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>19</p> <p>Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>20</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>
<p>23</p> <p>Lunch: (V) Breakfast Burrito, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>24</p> <p>Lunch: (DF) Soft Chicken Tacos, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>25</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>26</p> <p>Lunch: (V, DF) Pancake Breakfast, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>	<p>27</p> <p>Lunch: (V) Traditional Pizza Bagel, Ranch, fresh fruit, and veggies, and veggies</p> <p>Lunch Add'l Entree</p>
<p>30</p> <p>Lunch: (DF) Orange Chicken, fresh fruit, and veggies</p> <p>Lunch Add'l Entree</p>				

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

St. Matthew Catholic School is an equal opportunity provider.