



01/14/2022

## Washington County Public Health K-12 School COVID-19 Guidance: Exclusion, Isolation, Quarantine Recommendations and Mitigation Strategies during SURGE

Oregon Health Authority COVID-19 Investigative Guidelines [Novel-Coronavirus-2019.pdf \(oregon.gov\)](#)

### Washington County Public Health (WCPH)

- Call: 503-846-5404, Monday through Friday, 8am-5pm
- Email: [HHSPublicHealth\\_DCAP@co.washington.or.us](mailto:HHSPublicHealth_DCAP@co.washington.or.us)

### What to do during Surge

- Send a weekly email to WCPH with the total number of staff and students isolating (confirmed or presumptive cases) for COVID-19 by school for the previous week; please give separate numbers for students and for staff.
- Contact WCPH if reports of severe illness (i.e. multiple students or staff hospitalized).
- Contact WCPH if impending school closures: The decision to close a facility is up to the district/school—please notify us about plans to close.
- Pause reporting individual case/contacts to WCPH via the Qualtrics survey, email or by phone.
- Continue to report positive COVID-19 tests performed as part of OHA/ODE K-12 Testing program to OHA ([Oregon K-12 School COVID-19 Reporting Portal](#))
- Consult Washington County with questions and support needs

### Isolation and Quarantine Guidance

CDC Quarantine & Isolation: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

OHA IG:

<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/COMMUNICABLEDISEASE/REPORTINGCOMMUNICABLEDISEASE/REPORTINGGUIDELINES/Documents/Novel-Coronavirus-2019.pdf>

- **Isolation (Confirmed and Presumptive Cases):**
  - Presumptive cases:
    - Positive at-home test regardless of vaccination status and/or symptoms is considered a presumptive case and must isolate.
    - If exposed and symptomatic, individual will be considered a presumptive case and must isolate.
  - 5 + 5 Isolation (*all cases are still considered potentially infectious for 10 days*):
    - Day 0: Symptom onset or positive test date
    - **Days 1-5: Isolate at home (regardless of symptoms).**
    - Days 6-10:
      - Return to school if **24-hours symptom-free** AND able to wear a well-fitting mask 100% of the time (only exception: while eating and drinking).
      - **If symptomatic or unable to mask**, must continue isolating before returning to school.



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- **Quarantine (Close contacts** are those who were less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes.):

- **ALL CLOSE CONTACTS:**

- Must wear a well-fitting mask around other people for 10 days and avoid activities where masking is not possible (except eating/drinking)
- Should seek testing at least five days after their exposure
- Should watch for COVID-19 like symptoms for 10 days
- Should stay home and get tested if they develop symptoms (regardless of vx status)

- **Vaccination status is considered to determine quarantine guidance:**

Vaccination Status	Definition (Will be updated upon further guidance from CDC)
<b>Up to Date</b>	<p><b>For individuals ≥18 years of age:</b></p> <ul style="list-style-type: none"> <li>• Boosted; or</li> <li>• Completed the primary series of Pfizer or Moderna within the last 5 months; or</li> <li>• Completed the primary series of J&amp;J within the last 2 months</li> </ul> <p><b>For individuals 5–17 years of age:</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of COVID-19 vaccines</li> </ul>
<b>Not Up to Date</b>	<ul style="list-style-type: none"> <li>• Unvaccinated; or</li> <li>• Has not completed the primary series of any COVID-19 vaccine; or</li> </ul> <p><b>For individuals ≥18 years of age:</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of Pfizer or Moderna over 5 months ago and is not boosted; or</li> <li>• Completed the primary series of J&amp;J over 2 months ago and is not boosted</li> </ul>

- **Up to Date, Asymptomatic:**

- Do not need to quarantine at home.
- Follow guidance for all close contacts above.

- **Not up to Date:**

- Days 1-5: Quarantine at home (regardless of symptoms).
- Days 6-10:
  - If not able to mask, continue quarantining at home.
  - If symptomatic, isolate at home. Classify as presumptive case and/or test.
  - If asymptomatic and able to mask, return to school.
- Follow guidance for all close contacts above.

- **Household Contacts:**

- Adhere to quarantine, masking, and behavior guidance above while household member is infectious for 10 days from onset. Quarantine timeline begins (Day 0) with the last date of exposure to their household member’s infectious period. A household contact who does not have an up to date vaccination status will quarantine at home for at least 15 days from the case’s onset or test date.
- If household cases are able to safely isolate outside the home, the last date of exposure in the home is considered Day 0 for the household’s quarantine timeline.